

Well-Rounded & Ready

A Learning Framework



Everyone has many roles and responsibilities in life: home and work are two important ones.
At different times in life, some of the skills may be more needed than others. Others are important at every stage of life -- though perhaps the nature of the skill adapts as one ages.

How often do we rely on each of these competencies?

	...in my own life at home?	...in my own life at work?	...in our schools learning focus?
Learn – Academic Competencies			
1. English Reading, Writing & Speaking			
2. Math Computation & Concepts			
3. Categorize & Interpret Data			
4. Analyze & Synthesize			
5. Research, Validate & Report			
6. Build Mental Stamina			
7. Understand Scientific Concepts			
8. Understand Historical Contexts			
Organize – Professional Competencies			
9. Understand responsibilities.			
10. Manage time effectively.			
11. Organize multifaceted projects.			
12. Communicate effectively.			
13. Stay focused & work diligently.			
14. Set priorities & follow through.			
15. Complete high-quality work.			
Solve – Organizational Competencies			
16. Collaborate & Network.			
17. Understand Perspectives			
18. Evaluate Information			
19. Adapt to Change			
20. Seek Solutions			
21. Negotiate Strategies			
22. Inspire Confidence & Earn Trust			
Thrive – Personal Competencies			
23. Maintain Health & Fitness			
24. Manage Stress & Challenges			
25. Build & Sustain Relationships			
26. Manage Finances & Resources			
27. Nurture Creativity & Passion			
28. Persevere & Seek Help			
29. Cultivate Self-Awareness			

Directions

Avoid thinking too long about each. Your first instinct is fine. Write the number for each answer in the boxes to the right of each competency.

BLUE COLUMNS

How often do you rely on each competency in your own life: at home and at work.?

- 1 = Daily
- 2 = Weekly
- 3 = Monthly
- 4 = Occasionally
- 5 = Rarely
- 6 = Never

- What trends do you notice?
- Was anything surprising or noteworthy to you?

GREEN COLUMN

Using the key below reflect about your classroom, school, district or network, rate each competency.

- 1 = We are great at developing this area for all types of learners.
- 2 = We have pockets of greatness at this.
- 3 = This is a high priority for us. We specifically are working to improve in this area.
- 4 = We know this matter, but have not focused too much on it formally.
- 5 = This is not an important area for us as a school.
- 6 = Developing this should never be a school's role.

- What types of experiences are best suited to develop different competencies?
- How might instruction be structured differently to address more of the high-use competencies successfully?
- Are there times throughout a day/year where we could focus better on different areas?
- How might our current school model be creating potential barriers to growth in different areas for different learners?
- Which of our students might thrive in an area(s) if we created intentional opportunities?
- In which high-priority areas do we lack focus?

